

WEEKLY ACADEMIC ACTIVITY (2023 – 2024)

February 26th - March 1st, 2024 Form 5

S. No	Title	Content
1	Central Idea	Personal well-being is dependent on a complex balance of
		interconnected factors.
2	Lines of Inquiry	• The concept of wellbeing
		• Factors that contribute to wellbeing (physical, mental,
		social, emotional, spiritual)
		• Personal issues affecting our wellbeing
3	Unit of Inquiry	Reflecting on our diet
		• Creative writing task
		Theme related vocabulary test
4	English	• Creative writing task
		Revision of concepts
		Reading comprehension
		Listening practice
5	Mathematics	• Decimals
		• Division in metric system and decimals
6	Tamil	• Questions and answers
		• Make sentences
7	Hindi	Poem' Samay Bahut Mulyavaan Hai '
		• Questions and Answers of the poem
		• Sentence making
8	French	• 10 best daily habits to be healthy
		Chart making
9	Events	• Pupil Quest Fest (Arts and Sports)
		Chithira Punaivu- The Pupil Art Exhibition